

# House Concurrent Resolution No. 25

## 93RD GENERAL ASSEMBLY

1936L.011

**Whereas**, obesity among the children of Missouri is at epidemic stages and can  
2 lead to poor health conditions and chronic diseases, such as heart disease, stroke, diabetes, and  
3 cancer; and  
4

**Whereas**, Medicaid and other health care costs are escalating in Missouri and are  
5 significantly impacted by obesity; and  
6  
7

**Whereas**, adequate physical activity help children grow, develop, and do well in  
8 school; and  
9  
10

**Whereas**, school-based health education and physical education programs teach  
11 young people to acquire an active lifestyle; and  
12  
13

**Whereas**, healthy bodies and minds are major contributors to readiness to learn,  
14 to improved school attendance, and to improved performance in sports and other extracurricular  
15 activities; and  
16  
17

**Whereas**, the General Assembly needs to identify long-term strategies to reduce  
18 the need for public assistance programs and to lower health care costs related to chronic diseases  
19 and poor health:  
20  
21

**Now, therefore, be it resolved** that the members of the House of  
22 Representatives of the Ninety-third General Assembly, First Regular Session, the Senate  
23 concurring therein, hereby supports implementation of school policies that ensure a healthy  
24

25 environment in our schools by increasing the physical education requirements for kindergarten  
26 through twelfth grade. This requirement would ensure daily physical education for kindergarten  
27 through eighth grade and increase the high school requirement to a minimum of two credits; and  
28

29 **Be it further resolved** that the Chief Clerk of the Missouri House of  
30 Representatives be instructed to prepare a properly inscribed copy of this resolution for the  
31 Director of the Missouri Department of Elementary and Secondary Education and that the  
32 Director of the Department of Elementary and Secondary Education distribute a copy to every  
33 school district in Missouri.