

SECOND REGULAR SESSION

HOUSE BILL NO. 2099

93RD GENERAL ASSEMBLY

INTRODUCED BY REPRESENTATIVES BAKER (25) (Sponsor), DARROUGH, PAGE, HARRIS (110),
YAEGER, BOYKINS, JOHNSON (61) AND SANDERS BROOKS (Co-sponsors).

Read 1st time March 30, 2006 and copies ordered printed.

STEPHEN S. DAVIS, Chief Clerk

5627L.01I

AN ACT

To amend chapter 170, RSMo, by adding thereto one new section relating to physical education classes.

Be it enacted by the General Assembly of the state of Missouri, as follows:

Section A. Chapter 170, RSMo, is amended by adding thereto one new section, to be
2 known as section 170.043, to read as follows:

170.043. 1. Beginning with school year 2007-2008, each school district shall ensure
2 **that:**

3 **(1) Physical education classes shall be required for students at each grade level and**
4 **shall include at least twenty minutes of movement in each physical education class period,**
5 **consistent with the physical activity and fitness focus area of the "Healthy People by 2010"**
6 **initiative undertaken by the office of disease prevention and health promotion of the U.S.**
7 **Department of Health and Human Services;**

8 **(2) Each child for whom it is appropriate shall have available the opportunity to**
9 **participate in learning individual health self-assessment skills, including but not limited**
10 **to calculating body-mass index, resting heart rate, perceived exertion levels, and target**
11 **heart rate, and participating in programs that demonstrate the effects of consistent good**
12 **choices such as exercise or food selection; and**

13 **(3) Students are encouraged in self-improvement and sustaining healthy fitness**
14 **levels. If a school or school district maintains a web page, the school or district shall create**

EXPLANATION — Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended
to be omitted from the law. Matter in **bold-face** type in the above bill is proposed language.

15 a fitness page or other suitable computer application for students to record their self-
16 assessment statistics.

17 2. School districts shall engage, where possible, in creating community and business
18 partnerships that will supply the resources to reward schools for improved health status.

19 3. Each year the commissioner of education shall select for recognition students,
20 schools, and school districts that are considered to have achieved improvement in fitness.

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