

FIRST REGULAR SESSION

# HOUSE BILL NO. 1214

## 94TH GENERAL ASSEMBLY

---

INTRODUCED BY REPRESENTATIVES BAKER (25) (Sponsor), MEINERS, CURLS, LOW (39),  
STREAM, KINGERY, BLAND, YAEGER, JOHNSON, FLOOK AND MUNZLINGER (Co-sponsors).

Read 1st time March 29, 2007 and copies ordered printed.

D. ADAM CRUMBLISS, Chief Clerk

2692L.01I

---

### AN ACT

To amend chapter 170, RSMo, by adding thereto one new section relating to physical education classes for students.

---

*Be it enacted by the General Assembly of the state of Missouri, as follows:*

Section A. Chapter 170, RSMo, is amended by adding thereto one new section, to be  
2 known as section 170.043, to read as follows:

**170.043. 1. Beginning with school year 2008-2009, each school district shall ensure**  
2 **that:**

3       **(1) Physical education classes shall be required for students from sixth to twelfth**  
4 **grade and shall include at least two hundred twenty-five minutes of movement each week,**  
5 **consistent with the physical activity and fitness focus area of the "Healthy People by 2010"**  
6 **initiative undertaken by the office of disease prevention and health promotion of the U.S.**  
7 **Department of Health and Human Services, and the recommendations of the National**  
8 **Association for Sport and Physical Education as approved by the American Heart**  
9 **Association;**

10       **(2) Each child for whom it is appropriate shall have available the opportunity to**  
11 **participate in learning individual health self-assessment skills, including but not limited**  
12 **to calculating body-mass index, resting heart rate, perceived exertion levels, and target**  
13 **heart rate, and participating in programs that demonstrate the effects of consistent good**  
14 **choices such as exercise or food selection; and**

EXPLANATION — Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended  
to be omitted from the law. Matter in **bold-face** type in the above bill is proposed language.

15           **(3) Students are encouraged in self-improvement and sustaining healthy fitness**  
16 **levels. If a school or school district maintains a web page, the school or district shall create**  
17 **a fitness page or other suitable computer application for students to record their self-**  
18 **assessment statistics. Any such page shall provide an appropriate level of protection of**  
19 **individual student records, consistent with the Health Information Portability and**  
20 **Accountability Act.**

21           **2. School districts shall engage in creating community and business partnerships**  
22 **that will supply the resources to reward schools for improved health status through their**  
23 **school health councils, as required by the school wellness policy.**

24           **3. Each year the commissioner of education shall select for recognition students,**  
25 **schools, and school districts that are considered to have achieved improvement in fitness.**

✓