

FIRST REGULAR SESSION

# HOUSE BILL NO. 1215

## 94TH GENERAL ASSEMBLY

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INTRODUCED BY REPRESENTATIVES BAKER (25) (Sponsor), MEINERS, YAEGER, WALLACE, STREAM, KINGERY, BOWMAN, HODGES, FLOOK AND MUNZLINGER (Co-sponsors).

Read 1st time March 29, 2007 and copies ordered printed.

D. ADAM CRUMBLISS, Chief Clerk

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### AN ACT

To amend chapter 170, RSMo, by adding thereto one new section relating to physical education classes for students in the primary grades.

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*Be it enacted by the General Assembly of the state of Missouri, as follows:*

Section A. Chapter 170, RSMo, is amended by adding thereto one new section, to be known as section 170.043, to read as follows:

**170.043. 1. Beginning with school year 2008-2009, each school district shall ensure that:**

**(1) Physical education classes shall be required for students from kindergarten to fifth grade and shall include at least one hundred fifty minutes of movement each week, consistent with the physical activity and fitness focus area of the "Healthy People by 2010" initiative undertaken by the office of disease prevention and health promotion of the U.S. Department of Health and Human Services, and the recommendations of the National Association for Sport and Physical Education as approved by the American Heart Association;**

**(2) Each child for whom it is appropriate shall have available the opportunity to participate in learning individual health self-assessment skills, including but not limited to calculating body-mass index, resting heart rate, perceived exertion levels, and target heart rate, and participating in programs that demonstrate the effects of consistent good choices such as exercise or food selection; and**

EXPLANATION — Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended to be omitted from the law. Matter in **bold-face** type in the above bill is proposed language.

15           **(3) Students are encouraged in self-improvement and sustaining healthy fitness**  
16 **levels. If a school or school district maintains a web page, the school or district shall create**  
17 **a fitness page or other suitable computer application for students to record their self-**  
18 **assessment statistics. Any such page shall provide an appropriate level of protection of**  
19 **individual student records, consistent with the Health Information Portability and**  
20 **Accountability Act.**

21           **2. School districts shall engage, where possible, in creating community and business**  
22 **partnerships that will supply the resources to reward schools for improved health status**  
23 **through their school health councils, as required by the school wellness policy.**

24           **3. Each year the commissioner of education shall select for recognition students,**  
25 **schools, and school districts that are considered to have achieved improvement in fitness.**

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