



MISSOURI HOUSE OF REPRESENTATIVES  
**WITNESS APPEARANCE FORM**

BILL NUMBER: <b>HB 1286</b>		DATE: <b>4/12/2023</b>	
COMMITTEE: <b>Health and Mental Health Policy</b>			
<b>TESTIFYING:</b> <input checked="" type="checkbox"/> IN SUPPORT OF <input type="checkbox"/> IN OPPOSITION TO <input type="checkbox"/> FOR INFORMATIONAL PURPOSES			
<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>ARNIE C. "HONEST-ABE" DIENOFF-STATE PUBLIC ADVOCATE</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: <b>arniedienoff@yahoo.com</b>		ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>4/12/2023 11:43 PM</b>
<b>THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.</b>			

**I Support this Bill.**



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<b>WITNESS NAME</b>			
<b>REGISTERED LOBBYIST:</b>			
WITNESS NAME: <b>SARAH SCHLEMEIER</b>		PHONE NUMBER:	
REPRESENTING: <b>HALEON</b>		TITLE:	
ADDRESS: <b>213 EAST CAPITOL AVENUE</b>			
CITY: <b>JEFFERSON CITY</b>		STATE: <b>MO</b>	ZIP: <b>65101</b>
EMAIL:	ATTENDANCE:	SUBMIT DATE: <b>4/12/2023 12:00 AM</b>	
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<b>WITNESS NAME</b>			
<b>REGISTERED LOBBYIST:</b>			
WITNESS NAME: <b>BRIAN BERNSKOETTER</b>		PHONE NUMBER: <b>573-619-6040</b>	
REPRESENTING: <b>MISSOURI ACADEMY OF FAMILY PHYSICIANS</b>		TITLE:	
ADDRESS: <b>101 EAST HIGH STREET</b>			
CITY: <b>JEFFERSON CITY</b>		STATE: <b>MO</b>	ZIP: <b>65101</b>
EMAIL:	ATTENDANCE:	SUBMIT DATE: <b>4/12/2023 12:00 AM</b>	
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<b>WITNESS NAME</b>			
<b>REGISTERED LOBBYIST:</b>			
WITNESS NAME: <b>DEANNA HEMPHILL</b>		PHONE NUMBER: <b>573-619-4555</b>	
REPRESENTING: <b>MISSOURI STATE MEDICAL ASSOCIATION</b>		TITLE:	
ADDRESS: <b>113 MADISON ST.</b>			
CITY: <b>JEFFERSON CITY</b>		STATE: <b>MO</b>	ZIP: <b>65101</b>
EMAIL: <b>deanna@dhemphillconsulting.com</b>	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>4/12/2023 8:30 AM</b>	
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<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>HEATHER JACKSON</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: <b>heatherstuff001@yahoo.com</b>		ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>4/8/2023 9:13 PM</b>

**THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.**

I have been in pain pretty much my entire life of 42 years. I can function at a level of pain that would have most everybody screaming in the ER. I have tried everything. Nothing else helps or I react badly to it. Like gabapentin that absolutely destroyed my cognitive functions which has totally ruined my life. My opioids were cut almost in half about 5 years ago. Which took me from always in pain but almost 100% fully functioning to now getting 5 functioning hours on a good day. That leaves me with not even enough time to work on keeping up with life, single parenthood, a household, and that's absolutely all. Pretty much no quality of life. If my meds are cut almost in half again to 90 MME or less, I will be left 100% bed bound. I will lose everything including my minor son whom is all I have left in my life. I know this because beyond those 5 functioning hours I get a day, my body is on fire, feels like my bones are crushing together, feels like my nerves are being pinched all over, feels like my body is 2000 lb, feels like the world's strongest man is underneath my skin squeezing all my muscles as hard as he can. Beyond that 5 hours, I'm unable to even hold my body upright, can't make it the 30 ft to the kitchen to get a drink so I take my meds with my hot drink from the night before, I can't even manage to answer the phone, or check some emails. So if my meds are cut almost in half again, I won't even get that 5 hours, that's how I will be every minute of every day. I'm not even depressed about being sick or being in pain. I dealt with it all my life, why would I just lay around depressed all the time? But that would be less than zero quality of life. That would be pure absolute misery. And I guess at 42 years old, I would live in a nursing home while my son went to the people that abandoned me when I began getting sicker and needing their help.