



MISSOURI HOUSE OF REPRESENTATIVES
WITNESS APPEARANCE FORM

BILL NUMBER: HB 1797		DATE: 2/14/2024	
COMMITTEE: Government Efficiency and Downsizing			
TESTIFYING: <input checked="" type="checkbox"/> IN SUPPORT OF <input type="checkbox"/> IN OPPOSITION TO <input type="checkbox"/> FOR INFORMATIONAL PURPOSES			
WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ARNIE C."HONEST-ABE" DIENOFF-STATE PUBLIC ADVOCATE		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: arniedienoff@yahoo.com		ATTENDANCE: Written	SUBMIT DATE: 2/14/2024 12:04 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			
I am in Support of this Bill. Abolish "Daylight Saving Time!"			



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: DAVE WEBSTER		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: dwebster30@comcast.net	ATTENDANCE: Written		SUBMIT DATE: 2/14/2024 3:23 PM

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Good idea, except for those that have to cross state lines to get to work. It should be abolished nationwide.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: JOHN CASWELL		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: hjhomebuilders@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/10/2024 8:55 PM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: K HAYES		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: hacklerkat@yahoo.com		ATTENDANCE: Written	SUBMIT DATE: 2/12/2024 8:07 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			



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WITNESS NAME			
REGISTERED LOBBYIST:			
WITNESS NAME: RICH AUBUCHON		PHONE NUMBER: 573-616-1845	
REPRESENTING: MISSOURI STATE MEDICAL SOCIETY		TITLE:	
ADDRESS: 112 E HIGH ST			
CITY: JEFFERSON CITY		STATE: MO	ZIP: 65101
EMAIL:	ATTENDANCE:	SUBMIT DATE: 2/14/2024 12:00 AM	

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ROBERTA D STANFORD		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: bertieds@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/14/2024 9:24 AM

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

Please keep DST year round. Switching back and forth is no longer necessary. Thank you!



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: SUZANNE MCGINNIS		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: suzmas4@yahoo.com	ATTENDANCE: Written		SUBMIT DATE: 2/14/2024 7:56 AM

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

I would love to spring forward and leave our clocks alone. Going back and forth is not good for anyone. Having the clocks stabe with natural reduction of daylight will be helpful.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ANDREW LUEHRS		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: andrewluehrs@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/9/2024 9:22 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			

I am writing in opposition to the proposal to make DST permanent in Missouri. Beginning with facts specific to my city of Springfield, if permanent DST was to be enacted, we would spend almost a quarter of the year experiencing sunrise after 8:00am, with the latest sunrises in midwinter pushing almost to 8:30am. The end result is the great majority of our citizens making their commute to work in the dark, children waiting for school buses in the dark, and work/school beginning after dark (for the school year this becomes an even more significant percentage, as nearly 90 days would experience sunrise after 8:00am. (By contrast, during standard time, the latest sunset is just shy of 5:00, and sunset only occurs before 5:00 for less than a month.) While the goal of ending the system-shocking time changes in spring and fall is laudable, permanent DST is precisely the wrong way to do it. The facts cited above illustrate the dangers to individual and public safety as more of our mornings are plunged artificially into darkness. Dozens and dozens of studies have reached the same conclusion: human beings are tuned to the natural rhythms of sunrise and sunset, and artificially shifting our clocks back by an hour disrupts these rhythms in increasingly harmful ways. Later light in the evenings causes us to stay up later, and later sunrise prompts us to sleep later; however, our social schedules do not adjust, resulting in lost sleep and numerous health detriments that lost sleep inflicts. Morning grogginess from these effects as well as arriving at work before sunrise also results in lost productivity. Energy costs are increased, not decreased, under DST; any gains in "evening light" are offset by increased need for light in the mornings, and lighting costs are negligible at this point. However, pushing the heat of Missouri summer afternoons further into the evening (especially the post 5:00 period when people are returning home) drives up costs for air conditioning in homes. These are but a few of the negative effects of DST. Furthermore, it is difficult to find any benefits from DST to place against these detriments. Almost any outdoor activity that would supposedly benefit from delayed sunsets can take place under artificial lighting (indeed, many summer activities extend beyond sunset regardless of when it occurs), and as noted already, delayed sunsets do not present significant energy savings, especially in an era when energy-efficient LED bulbs have become widely available. Farm work must follow the sun no matter what time is assigned to it, so shifting sunsets against the clock is of no practical benefit. Is an extra hour of post-work golf worth the widespread and numerous negative effects? Eliminating the time change is a worthy goal, but making the shift permanent is absolutely the wrong way to do it. It has been tried before, including in the US in 1974, and every time is swiftly revoked once the public experiences winter mornings in artificial darkness. Let us learn from history and not repeat the mistake of permanent DST.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ANGELA D MILLER		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: amiller1011@yahoo.com	ATTENDANCE: Written		SUBMIT DATE: 2/8/2024 6:12 PM

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

Why file legislation that forces us to wait on action from the federal government? If time change is the enemy we want to see defeated, then opt out of Daylight Saving Time as Arizona and Hawaii already do. This action is permitted by the Uniform Time Act. I don't understand why any legislator would support a law that shifts morning sunrise to nearly 9am in January, our coldest month, for any portion of the state. That's what would happen here should this ever come to pass. It's always so shocking to hear a legislator confirm they did not know that Daylight Saving in the winter has been done before. It was swiftly reversed. Humans need morning light. It's what shifts our hormones for sleep each evening and maximizes hormones for happiness (and why light therapy is prescribed for mornings). Sunrise after 8:30 would rob so many Missourians of access to sunlight before work and force the morning commute in the coldest portion of a dark morning. This is a dangerous and thoughtless approach to ending clock change.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: BRENDAN LUCEY		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: luceyb@wustl.edu	ATTENDANCE: Written		SUBMIT DATE: 2/12/2024 7:36 PM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			

Dear Honorable Legislators,I am asking you to vote no on permanent daylight saving time. As a practicing sleep medicine physician, I know the negative effects of daylight savings time such as adverse effects on health and safety of children and elderly, accident risk for commuters and outdoor laborers. We also want to avoid a repeat of the 1974 disaster when permanent daylight savings time.Thank you very much for reading my perspective,Brendan Lucey, MD



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: CAMERON MCMILLAN		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: br.timothy.osb@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/10/2024 7:13 PM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			
Permanent Standard Time is the healthiest, most natural option.			



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WITNESS NAME			
BUSINESS/ORGANIZATION:			
WITNESS NAME: JAY PEA		PHONE NUMBER: 602-492-8462	
BUSINESS/ORGANIZATION NAME: SAVE STANDARD TIME		TITLE: PRESIDENT	
ADDRESS: PO BOX 18170			
CITY: FOUNTAIN HILLS		STATE: AZ	ZIP: 85269
EMAIL: jay@savestandardtime.com	ATTENDANCE: In-Person		SUBMIT DATE: 2/10/2024 4:22 PM

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

Re: Yes on HB 1607, No on HB 1471, No on HB 1797 – End clock changes the quick, healthy, proven way. Dear Honorable Legislators, Please support HB 1607, permanent Standard Time (natural time), for the health, mood, safety, education, and economy of schoolchildren, commuters, farmers, construction workers, and more. Please oppose HB 1471 and 1797, permanent Daylight Saving Time (fast time), which has repeatedly failed, has cost lives, and is federally prohibited. Scores of organizations and hundreds of researchers, physicians, teachers, parents, religious leaders, and journalists on the left and right oppose DST and endorse permanent Standard Time. Among these are the Missouri Sleep Society, Southern Sleep Society, American College of Lifestyle Medicine, American Medical Association, American Academy of Neurology, American College of Chest Physicians, National Safety Council, American Academy of Sleep Medicine, National PTA, American College of Occupational & Environmental Medicine, Start School Later, Canadian Sleep Society, Association of Canadian Ergonomists, editorial boards of Bloomberg, Star Tribune, Oregonian, Sun Sentinel, writers from Cato, Daily Wire, Breaking Points, and many more. Permanent Standard Time is approved by the Uniform Time Act; it can end clock change quickly, as most voters wish. It can do so without delaying sunrise, for well-being and prosperity. Permanent Standard Time has been observed for decades in Arizona, Hawaii, all five US territories, and most nations. Most of Mexico restored permanent Standard Time in late 2022, and more American states have permanent Standard Time bills than ever before. Permanent Standard Time would protect start times for schoolchildren and essential workers (farmers, police, firefighters, commercial drivers, transit operators, healthcare personnel, teachers) by letting most sleep naturally past sunrise most days. Its benefits to circadian health would improve immunity, longevity, mood, alertness, and performance in school, sports, and work. It can prevent traffic deaths, lower crime, and reduce chronic illnesses. Standard Time is the natural clock, set to the sun (also known for this reason as God's time). Permanent DST instead is prohibited by the Uniform Time Act; it cannot end clock change quickly. It would delay sunrise in Missouri past 8am (when most school/work begins) for two to three months, as late as 8:45am. It increased deaths and injuries, especially of children, when last attempted in the US. It would force constituents to wake an hour early relative to solar time every weekday all winter. Missouri rejected permanent DST in 1974, and it failed in several other years and places. It would deprive morning light needed by farmers, construction workers, and other outdoor laborers. It would revert benefits of starting school later. It would delay radio broadcasts of morning news until most people have begun work. It would increase need for morning heat and evening air conditioning in homes. It would disrupt worship for those who pray daily at sunrise. Moving clocks to DST acutely deprives sleep; leaving clocks on DST chronically deprives sleep. DST's delayed sunrise significantly increases accidents, disease, and healthcare costs. It significantly decreases learning, productivity, and earnings. Please hear the nonpartisan consensus of history and science.

Save time, money, and lives. Please support HB 1607, and please oppose HB 1471 and 1797. Ditch DST and restore permanent Standard Time. Sincerely, Jay Pea President Save Standard Time
jay@savestandardtime.com <https://savestandardtime.com/>



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: JENNIFER SIDOR		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: mrs.sidor2015@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/11/2024 11:25 PM

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

**Permanent Standard Time is medically proven to be more beneficial for physical and mental health.
Permanent Daylight Savings Time has been tried before and failed with sun rises not occurring until
after 9am part of the year!**



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: LORIN ADCOCK		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: lorin.a@sbcglobal.net	ATTENDANCE: Written		SUBMIT DATE: 2/12/2024 12:08 PM
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For the purpose of public safety, Missouri needs to remain on standard time.			



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: LYNNE SHIELDS		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: lshields53@gmail.com	ATTENDANCE: Written		SUBMIT DATE: 2/9/2024 11:36 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			

I oppose both of these bills (1471 & 1796), as they would set daylight savings time as the standard. First, research on human 'clock' cycles has established that standard time supports human functioning more than does daylight savings time. Second, I believe that setting daylight savings time around the calendar is against federal law, and hence, makes no sense.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: NIKHIL LOKESH		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: nikhil@wustl.edu	ATTENDANCE: Written		SUBMIT DATE: 2/13/2024 11:33 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: SANDRA KAY WINGO		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: sggwingo@mchsi.com	ATTENDANCE: Written		SUBMIT DATE: 2/8/2024 5:05 PM

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I oppose having daylight saving as standard time. Winter sunrise would be far into the day making it dangerous for children getting to school in darkness.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: YO-EL JU		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: juy@wustl.edu	ATTENDANCE: Written		SUBMIT DATE: 2/8/2024 11:13 PM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			

As a sleep medicine physician and scientist, I oppose having permanent daylight savings time. This was actually done at the federal level in 1974 and repealed within a year, due to concerns of increased traffic accidents (and decreased public support) due to dark winter mornings. Permanent STANDARD time is the best option in terms of health outcomes such as motor vehicle accidents, cardiovascular health, student academic performance, and other metrics.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: DON BICKHAUS		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: doniibecky@yahoo.com	ATTENDANCE: Written		SUBMIT DATE: 2/10/2024 5:50 PM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			
Cannot support or oppose this bill. It is worded in a confusing way.			