



MISSOURI HOUSE OF REPRESENTATIVES
WITNESS APPEARANCE FORM

BILL NUMBER: HB 1830		DATE: 1/30/2024	
COMMITTEE: Veterans			
TESTIFYING: <input checked="" type="checkbox"/> IN SUPPORT OF <input type="checkbox"/> IN OPPOSITION TO <input type="checkbox"/> FOR INFORMATIONAL PURPOSES			
WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: AMY BENSON		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL:	ATTENDANCE:		SUBMIT DATE: 1/30/2024 12:00 AM
THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.			



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ANDREA EARLYWINE		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: ANNE BETHUNE		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
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WITNESS NAME		
INDIVIDUAL:		
WITNESS NAME: ARNIE C. "HONEST-ABE" DIENOFF-STATE PUBLIC ADVOCAT		PHONE NUMBER:
BUSINESS/ORGANIZATION NAME:		TITLE:
ADDRESS:		
CITY:		STATE: ZIP:
EMAIL: arniedienoff@yahoo.com	ATTENDANCE: Written	SUBMIT DATE: 1/30/2024 11:28 PM

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I am in Support of this Bill if the use of the Drug is Effective and Helpful.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: BETHANY MEALY		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: bethany.mealy@gmail.com	ATTENDANCE: Written	SUBMIT DATE: 1/27/2024 2:32 PM	

THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.

Hello and thank you for taking the time to read my response. I would have loved to been present for the hearing today, however, I have clients to see. I am a therapist in private practice; I provide individual therapy to adults that includes trauma focused therapy using evidenced based approaches and KAP (ketamine assisted psychotherapy). I also have experience as a facilitator in a phase 1 clinical trial utilizing psilocybin. My intent today is to highlight the importance and urgency of legalizing psilocybin which HB 1830 will do. The science of the effectiveness of psilocybin use for mental health diagnoses leaves no room for interpretation other than that it is extremely effective. During my time as a facilitator on the 2nd arm of the phase 1 psilocybin study, I witnessed such transformation. I think it is also important to note that the goal of this study was to just prove safety as it was phase 1, however, personal healing and growth was a big additional outcome of this study. I can't help but think of one participant in particular who was an EMT. He came to this study because he was feeling immense burn out and suffering from PTSD like symptoms due to his work. This individual left this study feeling like his slate had been wiped clean and reported significant reduction in his PTSD symptoms. I look back on this particular participant's experience and think about how lucky he was. If he would not have been in that trial, what could have happened? We know that on average at least 16 veterans die by suicide daily and 132 civilians die by suicide daily. With a quick google search it is easy to find that the rate of suicide in first responders is significantly higher than others. So my question is, how can you on good conscious deny the passage of this bill? Psilocybin can be a life saving medicine. It can also be a life altering medicine in terms of symptom reduction and clearing. The science is there. I ask that you please listen to those speaking today in support of HB 1830, especially to the mental health clinicians and other mental health providers. These folks have been working in the psychedelic space with ketamine and also in research using other psychedelic medicines. I have been in the mental health field as a clinician for 11 years. I am trained in evidence-based practices and yet it is still not enough. I do see some movement and improvement with people in traditional therapy, however, this is not the case for a lot of folks and for those that do report improvement, do so after significant periods of time. Psilocybin is an option for healing and an option that needs to be added to clinicians' tool box (appropriately trained of course). Psychedelics are a catalyst for healing, and they are showing to be a catalyst that can expedite healing as well provide healing that runs deep. Please, please, please consider supporting HB 180, peoples' lives depend on it.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: BRAD BAILEY		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: CARL SHEPARD		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
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WITNESS NAME			
BUSINESS/ORGANIZATION:			
WITNESS NAME: ELAINE BREWER		PHONE NUMBER: 314-640-7998	
BUSINESS/ORGANIZATION NAME: GRUNT STYLE FOUNDATION		TITLE: DIRECTOR OF OUTREACH	
ADDRESS: 2514 PEPPERMILL LAKE CT.			
CITY: WILDWOOD		STATE: MO	ZIP: 63005
EMAIL:	ATTENDANCE:	SUBMIT DATE: 1/30/2024 12:00 AM	
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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: JAMIE FREDERICKSON		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
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WITNESS NAME			
BUSINESS/ORGANIZATION:			
WITNESS NAME: MARK E. QUINN		PHONE NUMBER: 314-422-8124	
BUSINESS/ORGANIZATION NAME: SPECIAL OPERATIONS CHARITY NETWORK		TITLE: EXEC. VICE PRESIDENT	
ADDRESS: 9532 YAFFBURY LANE			
CITY: ST. LOUIS		STATE: MO	ZIP: 63123
EMAIL:	ATTENDANCE:	SUBMIT DATE: 1/30/2024 12:00 AM	
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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: THOMAS W. MUNDELL		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: TIMOTHY FABER		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL: tfaber@mobaptist.org		ATTENDANCE: Written	SUBMIT DATE: 1/29/2024 8:50 PM

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While some studies have shown the potential for psilocybin to be effective in treating certain maladies, it is NOT a proven or approved treatment. Natalie Gukasyan, MD, assistant professor of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine says, “under carefully controlled conditions, this is a promising therapeutic approach that can lead to significant and durable improvements in depression.” “Carefully Controlled” “Promising” – not proven “Can” – not will This bill allows for clinical trials in Section 2 (3)(a). If that is all this bill did, I may not oppose it. But the following paragraph – 2(3)(b) allows for the use of psilocybin even for those who are not in a clinical trial – and therefore not in a carefully controlled condition. This portion of the bill needs to be removed. Section 2, paragraph 4 (lines 24-26 on page 2) also needs to be deleted. According to this paragraph, when a person “plans to acquire, use, produce, possess, transfer, or administer psilocybin...” First, there is nothing here that comes close to carefully controlled conditions. Second, it places the true authority with the individual “informing” DHS of their plans, but it makes no mention of receiving approval from DHS, or even having any verification that the DHS has in fact been informed. Also worthy of note is this from the NIH National Library of Medicine: In a recent study by Carbonaro et al., 10.7% of users reported that, under psilocybin, they placed themselves or others at risk of physical damage; 2.6% reported being violent or physically aggressive with themselves or others, and 2.7% reported having sought help in a hospital or emergency room. Regarding mental health outcomes, significant associations between the consumption of hallucinogens throughout life and mood, anxiety, personality, eating and substance abuse disorders were found in an epidemiological study. This is in agreement with anecdotal evidence indicating persistent anxiety disorder after consumption of mushrooms containing psilocybin.



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WITNESS NAME			
INDIVIDUAL:			
WITNESS NAME: DR. JOSH SIEGEL		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
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