



MISSOURI HOUSE OF REPRESENTATIVES  
**WITNESS APPEARANCE FORM**

BILL NUMBER: <b>HB 1758</b>		DATE: <b>3/5/2026</b>	
COMMITTEE: <b>Government Efficiency</b>			
<b>TESTIFYING:</b> <input checked="" type="checkbox"/> IN SUPPORT OF <input type="checkbox"/> IN OPPOSITION TO <input type="checkbox"/> FOR INFORMATIONAL PURPOSES			
<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>ARNIE C. "HONEST-ABE" DIENOFF-STATE PUBLIC ADVOCAT</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL:	ATTENDANCE: <b>In-Person</b>		SUBMIT DATE: <b>3/5/2026 11:50 PM</b>

**THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.**

**I am in Support of this Bill and Intension of the Legislation to STOP "Day-Light Savings."**



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<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>ERIN MCCULLOUGH</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>		SUBMIT DATE: <b>3/3/2026 11:23 PM</b>
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<b>WITNESS NAME</b>		
<b>INDIVIDUAL:</b>		
WITNESS NAME: <b>SUZAN CLINTON</b>		PHONE NUMBER:
BUSINESS/ORGANIZATION NAME:		TITLE:
ADDRESS:		
CITY:		STATE:      ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/3/2026 6:18 PM</b>

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**Daylight Savings has dangerous health effects, so I support this bill, which eliminates future time changes.**



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<b>WITNESS NAME</b>		
<b>INDIVIDUAL:</b>		
WITNESS NAME: <b>ANGELA MILLER</b>		PHONE NUMBER:
BUSINESS/ORGANIZATION NAME:		TITLE:
ADDRESS:		
CITY:		STATE:      ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/2/2026 7:39 PM</b>

**THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.**

January sunrise at nearly 8am? No thank you. That means 6:30am bus pick ups, in JANUARY, are SIXTY MINUTES before the sun even rises. Don't you dare do that to Missouri rural bus drivers or Missouri children anywhere. Or their parents. Or their teachers. If you don't want to change a clock, then do what you can legally do right now without federal adjustments: stay on Standard time like two other US States and multiple territories. Make high noon, high noon all year long.



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<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>BROOKE WISH HOWE</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/2/2026 4:01 PM</b>	
<b>THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.</b>			

Dear Committee, please oppose HB 1758, from Representative Gragg. This bill would extend Daylight Saving Time permanently into winter. It would push sunrise past 8am for 3 months, as late as 8:45am. Working families need morning sunlight! Missouri fought against permanent DST in the 1970s and '40s. Federal law prohibits permanent DST for good reasons. Please instead amend this bill to permanent Standard Time, which is federally pre-approved. Standard Time is the natural clock, set to the sun, which does not darken mornings or endanger schoolchildren, commuters, and those who work outdoors each morning. Thank you!



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<b>WITNESS NAME</b>		
<b>INDIVIDUAL:</b>		
WITNESS NAME: <b>CHRISTINE HYMAN</b>		PHONE NUMBER:
BUSINESS/ORGANIZATION NAME:		TITLE:
ADDRESS:		
CITY:		STATE:      ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/4/2026 1:58 PM</b>
<b>THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.</b>		

I respectfully oppose this proposal to make daylight saving time the permanent standard in Missouri. While eliminating the twice-yearly clock change is appealing, permanent daylight saving time would create significantly darker winter mornings that raise safety and health concerns.

In the St. Louis and St. Charles area, the latest sunrise currently occurs around 7:19 AM in late December and early January. Under permanent daylight saving time, that sunrise would shift to approximately 8:19 AM. For several weeks each winter, children would be waiting for school buses and many Missourians would be commuting to work in full darkness. While the proposal provides more evening daylight, it does so at the cost of much darker mornings.

Missouri also should not make this change independently. Time standards affect travel, commerce, broadcasting, and regional coordination. Missouri should only move to permanent daylight saving time as part of a coordinated national change so we avoid regional confusion and ensure the change truly benefits public health and safety.

For these reasons, I urge opposition to this proposal.



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<b>WITNESS NAME</b>			
<b>BUSINESS/ORGANIZATION:</b>			
WITNESS NAME: <b>JAY PEA</b>		PHONE NUMBER: <b>602-492-8462</b>	
BUSINESS/ORGANIZATION NAME: <b>SAVE STANDARD TIME</b>		TITLE: <b>PRESIDENT</b>	
ADDRESS: <b>PO BOX 18170</b>			
CITY: <b>FOUNTAIN HILLS</b>		STATE: <b>AZ</b>	ZIP: <b>85269</b>
EMAIL: <b>jay@savestandardtime.com</b>	ATTENDANCE: <b>In-Person</b>	SUBMIT DATE: <b>3/2/2026 3:03 PM</b>	
<b>THE INFORMATION ON THIS FORM IS PUBLIC RECORD UNDER CHAPTER 610, RSMo.</b>			

No on HB 1758 (Gragg); Yes on HB 2092 (Crossley) & HB 1685 (Whaley)

Dear Honorable Legislators,

Please oppose HB 1758 (Gragg), a bill to extend Daylight Saving Time (DST) permanently into winter, against federal law. Please instead support HB 2092 (Crossley) and HB 1685 (Whaley), two bills to ditch Daylight Saving Time and restore permanent Standard Time, as is federally pre-approved, widely endorsed, and supported by history.

HB 1758's permanent DST (fast time) has long been federally prohibited because it would be worse than biannual clock changes. It would delay Missouri sunrise past 8am (when most school/work starts) for 2-3½ months, as late as 8:45am. It has failed repeatedly, with disruption to business and loss of life. Missouri fought and won its repeal in the 1970s and the 1940s. DST is a false clock, set an hour ahead of Standard Time. Moving clocks to DST acutely deprives sleep; leaving clocks on DST chronically deprives sleep. DST's circadian misalignment increases accidents, illnesses, and health costs. It decreases learning, productivity, and earnings. Permanent DST doesn't alleviate harms, it magnifies them. It deprives sunlight from mornings, when it's needed most by working families. It reverts benefits of starting school later. It increases residential heating and air conditioning. It delays AM radio news broadcasts until most people begin work. It disrupts sun-timed prayers. It's a hidden mandate to wake an hour early all winter in cold darkness. Anyone wanting DST may simply start his/her own day earlier.

HB 2092's and HB 1685's permanent Standard Time (natural time) is instead the only federally permitted way to end disruptive clock changes, as most voters wish. Standard Time aligns clocks more honestly to the sun, which balances morning and evening sunlight for everyone. Its benefits to circadian health improve immunity, longevity, mood, alertness, and performance in school, sports, and work. Standard Time protects start times and preserves the morning sunlight that's essential for schoolchildren, commuters, outdoor laborers, and service personnel. It lets most people sleep naturally past dawn year-round, and it makes bedtimes easier for families. It has been observed without incident in Arizona, Hawaii, all US territories, and most nations for many decades. Mexico restored permanent Standard Time in 2022. Canada is now considering it, as are Kansas, Oklahoma, Nebraska, Illinois, Kentucky, Minnesota, Wisconsin, Michigan, and many more. Government should set clocks objectively to the sun, then let the public set schedules from there. Gallup finds plurality public support for permanent Standard Time (48%), not for permanent DST (24%).

Countless organizations and advocates on the left and right oppose permanent DST and endorse permanent Standard Time. Among these are the Missouri Sleep Society, National Safety Council, American Academy of Sleep Medicine, Sleep Research Society, Society for Research on Biological Rhythms, National Sleep Foundation, American Academy of Neurology, American Thoracic Society, American College of Chest Physicians, American College of Occupational and Environmental Medicine, Canadian Sleep Research Consortium, Canadian Sleep Society, Canadian Society for Chronobiology, editorial boards of Bloomberg, Orlando Sentinel, Minnesota Star Tribune, Oregonian, contributors to Daily Wire, PragerU, Human Events, Cato, Breaking Points, and more.

Please hear the nonpartisan consensus of history and science. Save time, money, and lives. End the harms of artificial DST, and restore naturally healthful permanent Standard Time.

Sincerely,

Jay Pea  
President

Save Standard Time

A nonpartisan, donor-funded, volunteer-supported effort to preserve and extend the observation of longitudinally correct Standard Time across North America.

Citations: [savestandardtime.com/summary](http://savestandardtime.com/summary)



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<b>WITNESS NAME</b>		
<b>BUSINESS/ORGANIZATION:</b>		
WITNESS NAME: <b>KEVIN F POSTOL, DDS</b>		PHONE NUMBER: <b>314-249-0123</b>
BUSINESS/ORGANIZATION NAME: <b>GATEWAY CENTER FOR SLEEP APNEA AND TMJ</b>		TITLE: <b>OWNER</b>
ADDRESS: <b>1338 BIG BEND SQUARE SHOPPING CENTER</b>		
CITY: <b>TWIN OAKS</b>		STATE: <b>MO</b>
		ZIP: <b>63021</b>
EMAIL: <b>kevinpostol@yahoo.com</b>	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/2/2026 5:15 PM</b>

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Dear Committee, please oppose HB 1758, from Representative Gragg. This bill would extend Daylight Saving Time permanently into winter. It would push sunrise past 8am for 3 months, as late as 8:45am. Working families need morning sunlight! Missouri fought against permanent DST in the 1970s and '40s. Federal law prohibits permanent DST for good reasons. Please instead amend this bill to permanent Standard Time, which is federally pre-approved. Standard Time is the natural clock, set to the sun, which does not darken mornings or endanger schoolchildren, commuters, and those who work outdoors each morning. Thank you!



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<b>WITNESS NAME</b>			
<b>INDIVIDUAL:</b>			
WITNESS NAME: <b>PAULA SCHWEITZER</b>		PHONE NUMBER:	
BUSINESS/ORGANIZATION NAME:		TITLE:	
ADDRESS:			
CITY:		STATE:	ZIP:
EMAIL:	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/3/2026 9:19 AM</b>	
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Dear Committee, please oppose HB 1758, from Representative Gragg. This bill would extend Daylight Saving Time permanently into winter. It would push sunrise past 8am for 3 months, as late as 8:45am. Working families need morning sunlight! Missouri fought against permanent DST in the 1970s and '40s. Federal law prohibits permanent DST for good reasons. Please instead amend this bill to permanent Standard Time, which is federally pre-approved. Standard Time is the natural clock, set to the sun, which does not darken mornings or endanger schoolchildren, commuters, and those who work outdoors each morning. Note the data on school start times, which showed that teens not only got more sleep and improved grades, but auto accidents in. This age range decreased significantly in districts with later start times. Thank you!



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<b>WITNESS NAME</b>			
<b>BUSINESS/ORGANIZATION:</b>			
WITNESS NAME: <b>STEVE JONES</b>		PHONE NUMBER: <b>314-420-8087</b>	
BUSINESS/ORGANIZATION NAME: <b>ONTIMEZONE.COM</b>		TITLE:	
ADDRESS: <b>31273 N HICKORY LICK R</b>			
CITY: <b>WARRENTON</b>		STATE: <b>MO</b>	ZIP: <b>63383</b>
EMAIL: <b>stevejonesmo@gmail.com</b>	ATTENDANCE: <b>Written</b>	SUBMIT DATE: <b>3/2/2026 5:51 PM</b>	

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I am the owner and author of OnTimeZone.com, a website dealing with Time Zone related matters in North America. Updates to the site ended in 2017, but most of the data remains accurate - including that which relates to Missouri.

I encourage you to vote NO on HB 1758. Below I have pasted content from the home page of OnTimeZone.com, detailing why I oppose it all such proposals.

I would add that Missouri shares border with eight states, two of which (Illinois & Kansas) also share large "Standard Metropolitan Statistical Area" (SMSA's) with Missouri. Splitting these into different time zones would be exceptionally disruptive to many aspects of commerce.

Much more information is available from another related website (with which I am not affiliated): <https://SaveStandardTime.com/>.

Regards,

Steve Jones  
 Warrenton, MO

State legislative proposals to to "make daylight saving time permanent" are EXCEPTIONALLY STUPID!

Ending daylight saving time is not in itself necessarily stupid. It's a legitimate proposal to put to voters or to consider in legislatures. I would support it.

Nor is there a problem with proposing minor adjustments to time zone borders. If the the voters in the affected area get a chance to think it through and understand how it will impact their lives and economies, it can be a legitimate thing to consider.

But the words "make DST permanent" means eliminating daylight saving time while simultaneously and permanently advancing the entire time zone an hour forward, year-round, a truly ridiculous proposal. In effect it would have current Spring/Summer time remain the same, but it pushes the time forward an hour for Fall and Winter.

It would be extremely disruptive to computer controlled processes. Also to commerce, especially for businesses engaged in interstate and international commerce. Even moreso if in a state sharing a border with a state or nation that will not be making such a shift.

It would impact activities that depend on the availability of daylight. Yes, some will be positively impacted, some negatively — but shifting an entire time zone a full hour different from current is an absurd, destructive proposal.

Look at the time zone borders in the maps above (see [OnTimeZone.com](http://OnTimeZone.com)). If individual states start adopting this scheme, think about how much more complex the time zone observances across the nation will become. Let your state politicians know they should neither propose nor support this terrible idea.

**RECENT NEWS:** A 501(c)(4) non-profit organization ("Save Standard Time") has been created to help with this effort. Their website: <https://SaveStandardTime.com> is an excellent source of background information on the topic, as well as status of pending related legislation in the various states. There is no relationship between [OnTimeZone.com](http://OnTimeZone.com) and [SaveStandardTime.com](https://SaveStandardTime.com), but I wholeheartedly support their goals.



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<b>WITNESS NAME</b>		
<b>INDIVIDUAL:</b>		
WITNESS NAME: <b>WENDY HEVENER BRISKMAN</b>		PHONE NUMBER:
BUSINESS/ORGANIZATION NAME:		TITLE:
ADDRESS:		
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